



Expressions IPL



Permanent hair removal  
Skin rejuvenation  
Acne clearance

## Preface

Thanks for choosing Expressions IPL beauty device delicately manufactured by Ning Pte Ltd (hereinafter referred to as Expressions). Product features as the following:

- Handheld design with clear structure, easy installation and portable;
- Intellectually controlled, easy to learn and simple operation;
- Lamp replaceable, realize three different functions on ( hair removal, skin rejuvenation and acne clearance).

Expressions IPL device will provide you with perfect cosmetic results and bring you confidence and fashion.

Please read the user manual carefully before usage and well preserve it for future reference.

Further information, please call our service hot-line: +65-68871120 or visit our website:

[www.expressions.co](http://www.expressions.co) , or Email: [hi@exps.co](mailto:hi@exps.co)

## 1. Contraindications

- Not for pregnant women, or in menstrual period, in sucking period or people with scar diathesis;
- Not for patient with heart disease, hypertension, malignancy and infectious skin disease;
- Not for person with photosensitization history or diabetes;
- Not for person who has depilated in other methods in the past 6 weeks and used skin whitening products or products with vitamin A in the past 1 week;
- Not for person who has taken essential oil treatment at the same time;
- Not for person who has taken Aspirin, immunosuppressant;
- Not for person who has been exposed to strong sunlight in the past 2 weeks;
- Not for sensitive areas, like mucosa etc; and private position, like upper eye-lid, lip, nipple and vagina etc;

Not for person with hirsutism and other disease triggered complications.

## 2. Operation Cautions

- The product is not allowed to power on without inserting lamp, replace the lamp under disconnected adapter. During the operation, do not shield the air intake and ventilation holes to impact heat dissipation;
- In winter or dry skin, suggest to shave hair and moisturizing in advance, then do hair removal operation the second day;
- Wear goggles during operation. Do not look at the light twinkling directly or shot light to eyes;

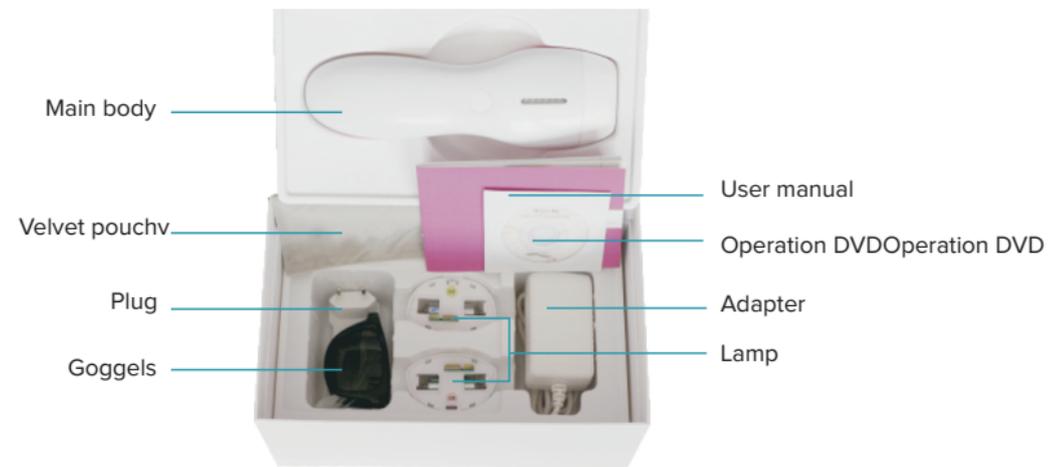
- During the treatment, it is normal to have some skin redness, suggest to use ice pad after treatment;
- Before operation, use alcohol cotton pad or swab to disinfect the treatment window, but do not spray alcohol directly on the treatment window;
- To avoid destroying the device, please do not apply gel or other cosmetics on treated areas during the treatment;
- Try not eating light-sensitive food, like spinach, cole, mustard, etc. During the treatment;
- Adjust the energy level from low to high. On condition of safety, the higher energy level, the better result. For dark skin, the skin reaction may be delayed. Thus shall not raise the energy level too quickly;
- Use skin moisture and sun block product after phototherapy treatment. Take a bath after 2 hours. Avoid pouring hot water on hair removal area in shower, please use warm water;
- Avoid exposing by ultraviolet light in using period, protect skin from the sun and avoid the computer radiating with skin moisture and sun block product in daily work;
- After operation turn off, please use alcohol cotton pad or swab to disinfect the treatment window, but do not spray alcohol directly on the treatment window;
- In the operation, if the hair or bolt pastes on the plastic of the lighting window edge, will cause the plastic of lighting window edge black or black spot, but cannot affect product function and normal use;
- In the latter period of specified life, it's normal that the in wall of lamp turns black; it's aging process for lamp. The weaken rate of power is still in the specified scope, the device still can work normally;

- The product is not water-proof, so please do not use in bathroom, shower or any other places in which the instrument may be watered;
- In case that the instrument is soaked please send it back to the factory for examination to determine whether it is repairable. In case that the instrument is electrified when it is soaked, please power off before touching the instrument for your safety;
- Avoid keeping it in places where there is a strong magnetic field or electric wave occurred, or places in high temperature.
- Please don't lash or knock device strongly;
- Please don't use this product beyond own functions;
- Except for Expressions authorizing people, others could not disassemble device shell. Otherwise there will risk of electric. Non professional people can not repair the device.

### 3. Product introduction

#### 3.1 Packaging

Main body x1, goggles x1, adapter x1, user manual x1, operation DVD x1, velvet pouch x1 ( take real product as standard).



Picture 1

#### 3.2 Main parameters

- Input power: 35W;
- Voltage rating: 100-240V;
- Rated frequency range: 50Hz/60Hz;
- Storage temperature: 0℃-45℃;
- Working temperature: 5℃-35℃

## 3.3 Product structure



## 3.4 Operation prepare

- ① Choose and install lamp ( As Picture 3 shown): HR( hair removal); SR( skin rejuvenation); AC( acne clearance)



HR( hair removal)



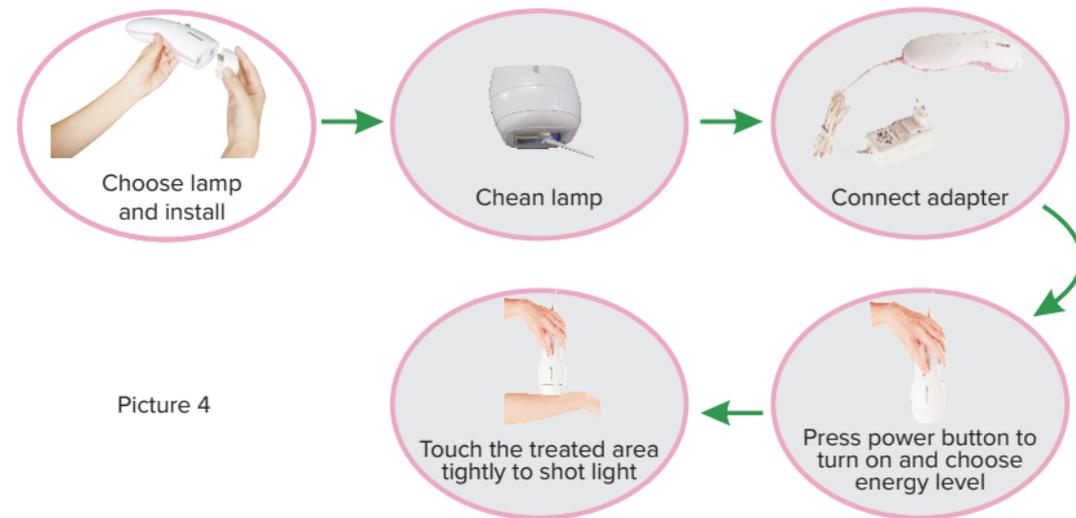
SR( skin rejuvenation)



AC( acne clearance)

Picture 3

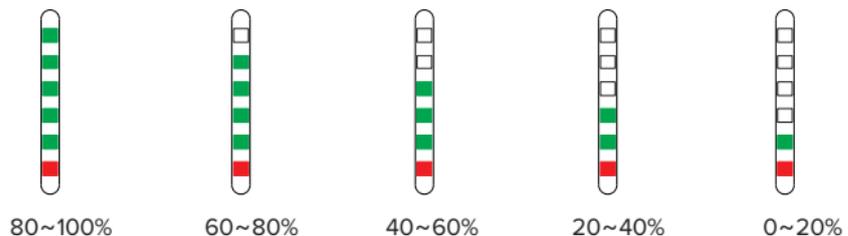
- ② Use alcohol cotton swab or cleaning cloth to clean and disinfect the test window and glass;
- ③ After connecting the power adapter, power/light-emitting indicator will flash in red. Press the power button above 2 seconds to get device power on/off.



- ④ Life reminder function ( As Picture 5 shown)

Device with life reminder function, when turn on, energy level indicators will flash 5 times in regular immediately to show lamp life remaining percentage. Each energy level

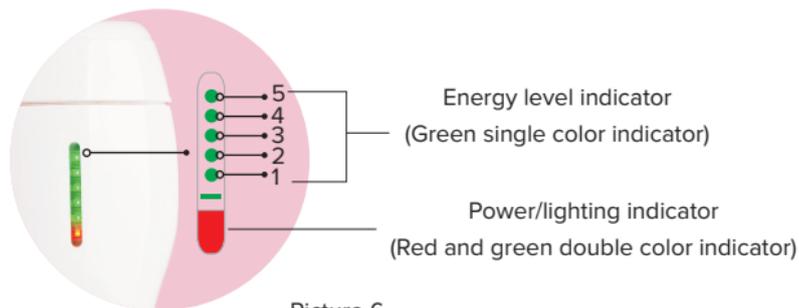
indicator represents lamp life 20% ( As Picture 5 shown);:



Picture 5

★ Device lamp life be used out, when turn on 5 green energy level indicators will keep light, which means device could not emit light and need to replace lamp

⑤ Short press power button to choose suitable energy level. Level 1 is the lowest, level 5 is the highest( As Picture 6 shown);



Picture 6

- ⑥ After treatment window touch skin tightly, power/light-emitting indicator will turn to green, then it is ready to emit light; if treatment window not touches skin, power/emitting indicator will be in red, then device could not emit light.
- ⑦ After operation, keep press power button to turn off and cut off power; device will be turned off automatically without any operation in 5mins.

## 4. Operation

### 4.1 Skin test before operation

Before operation with main body, please refer to operating level and times comparison table( Picture 6). Do skin test in small area in advance 24 hours to check whether skin has adverse reactions.

Test way

- Use this product the first time, choose one small area in arms inside, do skin test from low energy to high according to skin tolerance ( shot 1-2 light in same area);
- If there are red swelling, burn scars, hair follicle change, pain, or other unsuitable symptoms, please don't use this product before consult doctor.
- If there isn't unusual for skin after 24 hours, and feel very hot during test, then reduce one energy level which is the highest suitable energy level for you.

### 4.2 Exoressions IPL hair removal (choose HR lamp)

#### A. Application

Lip hair,armpit hair ,body hair and legs,hair on places that affecting looks such as hair line on

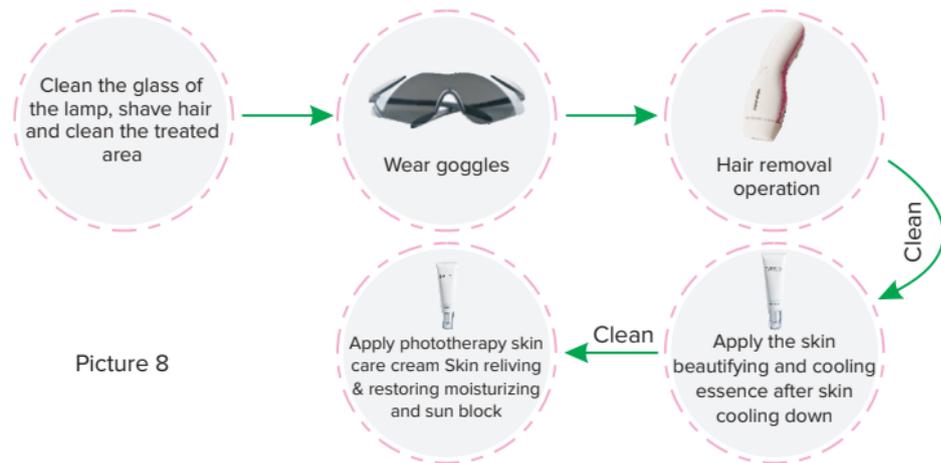
forehead and bikini area.

Skin Color Comparison Table

Safety grade	Applicable	Applicable	Applicable	Applicable	Notice	Not applicable Unsafe
Skin color	White	Ivory tint	Beige	Light brown	Brown	Dark brown and black

Picture 7

B. Operation procedure ( as Picture 8 shown)



Picture 8

C. Operation techniques:

Let the treatment window touches treated areas vertically, and do treatment in the areas one by one for 2-3 times ( please don't overlap and leak). Adjust energy from low to high gradually according to skin tolerance.

Treatment Level and Times Comparison Table

Skin type Treated area	White	Light beige	Beige	Light brown	Moderate brown	Dark brown & balck
	I	II	III	IV	V	VI
Under arms	Level 3-5 Repeat 3-4 times	Level 3-5 Repeat 3-4 times	Level 3-4 Repeat 3-4 times	Level 2-4 Repeat 2-3 times	Level 2-3 Repeat 2-3 times	Not suitable
Arms	Level 3-5 Repeat 3-4 times	Level 3-5 Repeat 3-4 times	Level 3-5 Repeat 2-3 times	Level 2-5 Repeat 2-3 times	Level 1-4 Repeat 2-3 times	Not suitable
Legs	Level 3-5 Repeat 3-4 times	Level 3-5 Repeat 3-4 times	Level 3-5 Repeat 3-4 times	Level 2-5 Repeat 2-3 times	Level 2-4 Repeat 2-3 times	Not suitable
Lip	Level 3-5 Repeat 3-4 times	Level 3-5 Repeat 3-4 times	Level 2-5 Repeat 2-3 times	Level 3-4 Repeat 2-3 times	Level 1-3 Repeat 2-3 times	Not suitable
Facial	Level 3-5 Repeat 3-4 times	Level 3-5 Repeat 3-4 times	Level 2-4 Repeat 3-4 times	Level 2-3 Repeat 2-3 times	Level 1-3 Repeat 2-3 times	Not suitable

Picture 9

Note: For armpits areas and customers with light skin colors, they can choose treat the same areas for two shots in one session, not suitable for customers with dark skin colors. When using energy is high, the operation times should be appropriate to reduce. After operation with redness skin and has a uniform tepid feeling, do not operate constantly. The different types of skin treatment parts operating level and times ( energy level and times as Picture 9 shown)

#### D. Course of treatment

- 6-10 treatments;
- In the first 3-5 treatment,do one treatment every 2-3 weeks;
- In the following 6-10 treatments,do one treatment every 4-6 weeks;
- In the maintenance period,do one treatment every 2-3 months for area with hair regrowth.
- The treatment interval is different from each other ,the next treatment can be taken after 30% hair regrowth.

#### 4.3 Expressions IPL skin rejuvenation (choose SR lamp)

##### A. Application

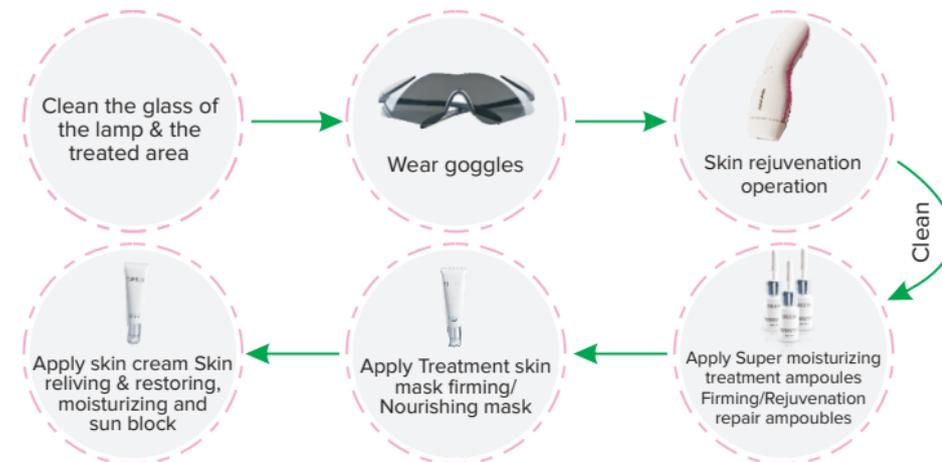
For rough and aging skin dim skin big pores,wrinkles,lack of elasticity and radiance.

##### B. Operation procedure ( as Picture 10 shown)

##### C. Operation techniques:

Let the treatment window touch skin tightly and vertically, operate it from bottom to upper, from

inside to outside, along skin texture to treat on the full face ( don't overlap and leak), and do treatment in areas one by one 3-4 times. Adjust energy from low to high gradually according to skin tolerance .



Picture 10

#### D.Course of treatment

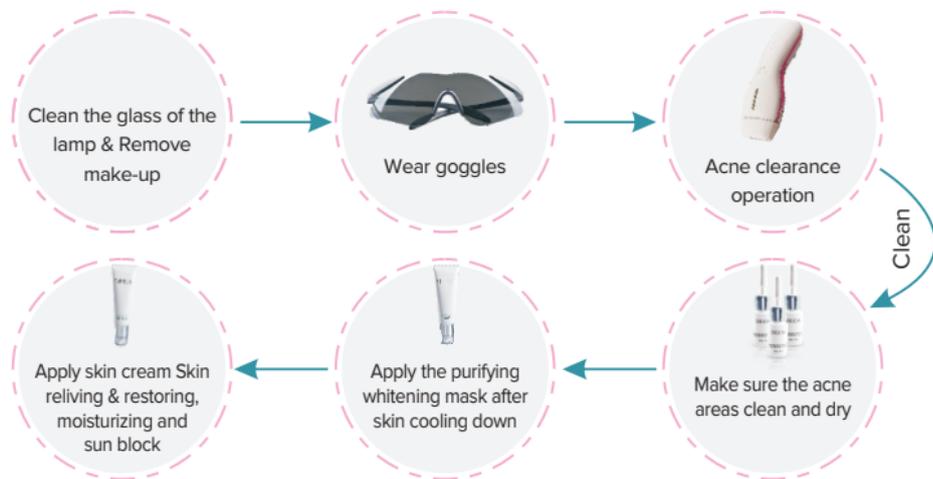
- 10 treatments;
- For aged skin,like rough and dry skins,2-3days;
- For daily care,1-2 weeks a time.

#### 4.4 Expressions IPL acne clearance (choose AC lamp)

##### A. Application

Oil skin with papula, impetigo, tuber, and cystic inflammatory acne.

##### B. Operation procedure (as Picture 11 shown)



Picture 11

##### C. Operation techniques:

Let the treatment window touch skin tightly and vertically, treat acne areas repeatedly for 2-3 shots in any session. (If there is inflammatory in acne areas, please clean the areas with acus first). Adjust energy from low to high gradually according to skin tolerance.

##### D. Course of treatment

- If there are inflammatory before treatment, clean the serious inflammatory acne with acus.
- During unstable acne inflammation period: do a treatment every 2-3 days;
- During stable acne inflammation period: do a treatment every week.

## 5. Simple Trouble-shooting

When fault occurs during the usage of the instrument, users can follow the following guidance to eliminate some simple faults; if the problem can not be solved after all steps are finished, please contact the Customer Service Department of the Company so as to solve faults as soon as possible.

- Failure of Start-up  
Please check the adapter whether connected well.
- Failure of lighting  
Please confirm the temperature of instrument head is above 35°C.  
Please make sure the treatment window touches skin properly, and whether the emitting light indicator turns light.

- Failure of energy level adjustment

When adjusting the energy level, if the levels are adjusted more repeatedly, please do the treatment after three minutes.

- Green lighting indicator keep on

Please check whether the induction part of the head of the instrument is placed in the area in where the metal parts or induction capacitance effects exist.

- In case of abnormal situation or failure of fault elimination

Please contact our company or our local office and inform the purchase date. We will give you a reply as soon as possible.

## 6. Warranty

### 6.1 Warranty Period

The warranty period of the product is 2 year from the date of purchase.

### 6.2 Warranty Scope

If the instrument is within the warranty period, the Company will provide free maintenance or replacement of the product for you. Other faults resulted from abnormal use and force majeure are not within the warranty scope. (Note: the lamp is consumables, not within the scope of warranty.)

### 6.3 Warranty Limits

- When applying for free maintenance for the product that is within warranty period, Users should show the valid invoice. The warranty period for GSD consumption products starts from the date of purchase which is shown in the invoice. If there is no purchase date, no warranty service can be provided for you.
- Free maintenance is not provided for the damaged products which are resulted from your improper pacing when you are sending back the instrument.
- The machines that are repaired by the maintenance center of GSD and are still within the original warranty period can continue to enjoy the maintenance service provided from GSD;
- If the expiration is less than three months, all the spare parts of machines can enjoy the warranty of three months from the date of replacement.
- After maintenance, the replaced faulty spare parts are reserved by GSD.
- Users should keep the purchase invoice properly, no invoice will be reissued by GSD.
- The Company is not responsible for the following situations and will not provide warranty service in case of the following situations.
  - a. Faults and damage resulted from the fire, earthquake, the behavior of a third party, fault or misuse caused by users, usage under other abnormal conditions and unpredictable events.
  - b. The attached damage caused by the usage of the products (such as loss of business benefit, interruption of business including the loss results from the usage of instrument and the cost resulted from the replacement of equipment, device or service, or the claim required by users).

- c. Damage resulted from the operation which is beyond content of the Instruction.
- d. Including :the uncontrollable situations; the required service and parts for solving problems resulted from the usage of accessories, fittings or substitutes that are not sold by the Company; and the required service for solving problems resulted from acceptableness or illegal disassembly and assembly of instrument without following the instructions.
- e. Faults or damage resulted from the working environment which is not for the product,including overload.
- f . Improper storage by users (such as damages caused by rats and liquid infiltration).

## 7. Technical matters of product

- Please call support hot-line: +65 68871120;
- Please visit website: [www.expressions.co](http://www.expressions.co) ;
- Please send e-mail: [hi@exps.co](mailto:hi@exps.co).

# EXPRESSIONS

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